

LBRIS

We know
books
FROM THE MOVIE

Disney • PIXAR
**INSIDE
OUT**



Level 4

Re-told by: Nicola Schofield

Series Editor: Rachel Wilson

In This Book



Riley

A happy, 11-year-old girl who loves hockey



Joy

Riley's Emotion—she helps Riley to feel happy



Sadness

Riley's Emotion—she helps Riley to feel sad



Fear, Anger, and Disgust

Riley's other Emotions



Bing Bong

Riley's old friend who is part elephant, part cat, part dolphin



Headquarters

Riley's Emotions live here in Riley's mind

Before You Read

Introduction

Riley is a happy, 11-year-old girl. She lives in Minnesota with her parents. Riley's Emotions—Joy, Fear, Anger, Disgust, and Sadness live at Headquarters in Riley's mind. They help Riley every day and they want what is best for her. But when the family moves to San Francisco, there are big changes in Riley's life. Is it possible to stay happy?

Activities

1 Read the sentences and say True or False.

- 1 Riley is a young girl.
- 2 Riley lives with her friends.
- 3 Joy lives at Headquarters in Riley's house.
- 4 Riley's Emotions help her.

2 Complete the sentences.

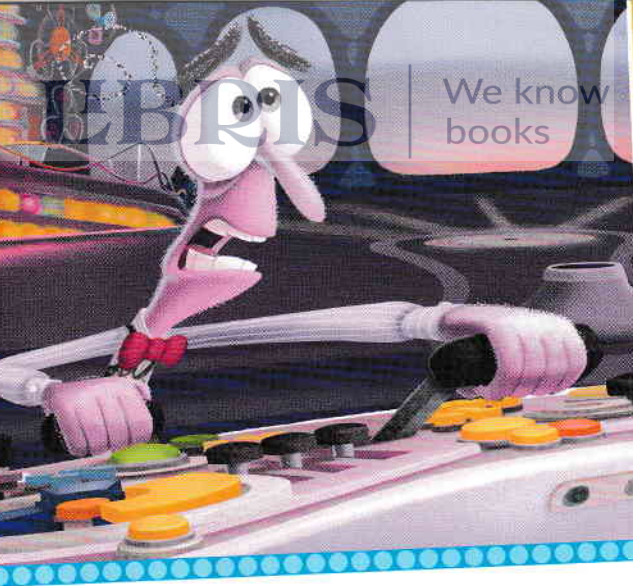
unhappy scared happy doesn't like many things mad

- | | |
|------------------|----------------|
| 1 Joy is ... | 4 Anger is ... |
| 2 Sadness is ... | 5 Disgust ... |
| 3 Fear is ... | |



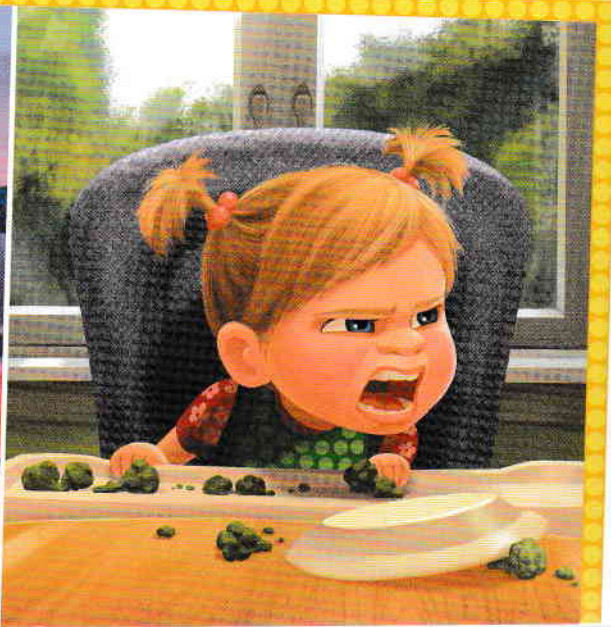
When Riley was born, Joy appeared. Then Disgust, Fear, Anger, and Sadness. They were Riley's Emotions. The Emotions worked together in Headquarters in Riley's mind and saw the world through her eyes.

Every day, they watched her eat, sleep, laugh, and play. The Emotions loved Riley. They always wanted to help her. This was easy when Riley was a baby.



Fear was always scared. He watched Riley carefully and told her when it was dangerous. He didn't want her to fall or get hurt.

Anger was always angry. Sometimes Riley's parents cooked food that she didn't like. He didn't want Riley to eat it and he helped her to say no!





Disgust hated a lot of things. She helped Riley to choose what she didn't like. Vegetables were the worst—she hated them! Sadness was always sad. She helped Riley when she felt unhappy. One day, Riley's favorite toy broke. Riley cried! Joy didn't want Riley to be sad. She wanted to keep Sadness away from Riley's memories.

